

Race Information & Course Maps: are posted and will be periodically updated at <https://runsignup.com/Race/VA/FairfaxStation/WIFLEHALFMARATHON>.

Entry Fees: Cost \$70 thru May 7th, \$80 thru July 16th and \$90 thru September 20th and \$95 thereafter. Please do not mail Race Registrations after September 20, 2017. Cost for two person relay \$40 each runner thru May 7th, \$45 each thru July 16th and \$50 each thereafter. Online Registration closes on September 22, 2017 or when field is filled.

Premiums: Fee includes a performance shirt and finishers medal. Shirts may not be available nor sizes guaranteed for runners registering after September 10, 2017.

Awards: Overall Top 3 Male and Female finishers will receive cash awards of \$100, \$50 and \$25. Overall Male, Female and Coed relay teams will receive \$100. Awards to Top 3 Male and Female finishers for Age brackets: 19 & under, 20-29, 30-39, 40-49, 50-59, and 60 & Over.

Packet Pick-up & Late Registration: Race numbers and T-shirts may be picked up at Metro Walk and Run on Saturday, September 23rd (11 a.m. to 4 p.m.) and race day Sunday, September 24th (starting at 6:30 a.m.) at Burke Lake Park. Packets will not be mailed.

Chip Timing: Runners will be using disposable Chronotrack bib tags. Bibs are to be worn on your front. No Bib, No Time.

Important Information: To ensure runner safety, unregistered runners, bicycles, and running with dogs are prohibited on the course. No competitive stroller pushing allowed. Course is not closed to traffic, headphones are discouraged. **Please note:** a \$10 park admission fee is charged per car for non-Fairfax County residents **after 8 am**, spectators and supporters should plan accordingly.

Time limit: All competitors must be finished by 10:30 am.

Directions to Burke Lake Park:

7315 Ox Road
Fairfax Station, VA 22039
Park: 703-323-6600

From Route 123 North

I-95 S toward Richmond. Merge onto VA-286 N via EXIT 166B.
Take the **VA-7100 N/Fairfax Co Pkwy** exit. Merge onto VA-286/Fairfax County Pkwy W. Turn **left** onto Lee Chapel Rd. Turn **right** onto Ox Rd/VA-123. The park entrance is on the left off Ox Road (Route 123).

From Route 123 South

I-95 N toward **Washington**. Merge onto VA-123 N via EXIT 160B toward **Occoquan/Lake Ridge**. Continue on Ox Rd/ VA-123 and the park entrance is on the left off Ox Road (Route 123).

Race Benefits: All proceeds over operating costs will be donated to WIFLE Scholarship fund.

Field limit is 200 participants

FACEBOOK PAGE: www.facebook.com/WIFLEHalfMarathon

Register Online at: <https://runsignup.com/Race/VA/FairfaxStation/WIFLEHALFMARATHON>

RUN WITH WIFLE®

Half Marathon

Date of Birth (mm/dd/yyyy)

Age

M/F

Last Name:

First Name:

Street Address:

City:

State

Zip code

Email Address:

Fees: Half Marathon

2 person Relay Teammate's name

\$70- thru May 7, 2017

\$40 each runner thru May 7, 2017

\$80- thru July 16, 2017

\$45 each runner thru July 16, 2017

\$90- thru September 20, 2017

\$50 July 17, 2017, thru race day or until race is filled

\$95- September 21, 2017 thru race day or until race is filled.

\$30- Virtual race- Gather your family and friends and run 13.1 miles on your own. For more details or to register online go to WIFLE.org

Performance Shirt Size (circle one) - **Female** S M L XL **Male** S M L XL

Event Waiver: By signing this form I release WIFLE Foundation, staff and sponsors from claims or liabilities arising out of my participation in this event including pre- and post- race activities. I give permission for free use of my name, voice and photo in any broadcast, advertisement or promotion of WIFLE Foundation. There are no refunds or transfers of entries allowed for any reasons including acts of nature such as severe weather or any circumstance not under our control which we feel may cause participants to be in danger.

Signature or Parent Signature if under 18

Date

Mail To: WIFLE Foundation
2200 Wilson Boulevard, Suite 102, PMB-204
Arlington, VA 22201-3324

Make Checks Payable to: WIFLE Foundation

New this year: 2-Person Relay. Same great course shared by friends.

Teams of two people will complete the half marathon course, with the first person running the 5.5 mile trail around Burke Lake and handing off to the second runner to complete the challenging 6.6 miles around Lake Mercer. Relay runners will receive the same tech shirts, medals and swag as the half marathon participants while teaming up with their running bestie. All you need to decide is who is going to take on those hills around Lake Mercer.

Women In Federal Law Enforcement is the only non-profit organization in the United States dedicated to addressing reasons why women remain underrepresented in Federal law enforcement. From our Annual Leadership Training to our Award and Scholarship Programs, we celebrate and encourage women to enter into the criminal justice fields and encourage Federal Agencies to seek qualified women for law enforcement jobs.

WIFLE provides opportunities for its members to mentor other women, to grow in the **federal law enforcement** career fields, to participate in seminars, webinars, and to volunteer with other WIFLE members in activities throughout a year. We're extremely proud of the work we do and we encourage you to join WIFLE.

Research findings show that women are good communicators, can collaborate well with others, and are better able to diffuse potentially violent situations. Come join with us and become a part of the future of federal law enforcement.



WIFLE[®]

Recruit Retain Promote

Provide Leadership Training
Mentoring Opportunities

Join and "Like" us on
Facebook Search
"WIFLE Half Marathon"

3rd ANNUAL



RUN WITH WIFLE[®]
Half Marathon  13.1
and Relay ©2013 WIFLE

September 24, 2017 7:30 a.m.

Start/ Finish @ Burke Lake Park

Fairfax Station, Virginia

Bring your friends and enjoy a scenic trail run around beautiful Burke Lake and Lake Mercer.

New this year: 2-person relay. Same great course shared by friends!

USATF Certified Course VA 15052RT